



EWWR good practices and case studies

1. Details of Action:

EWWR Organiser: **Lipor**
Country/Region: **Portugal/Porto**
Name of nominated project developer: **St. John Hospital**
Name of nominated action: **Materials re-use Workshop**
Place: **Porto**
Town: **Porto**
Region: **Porto**
Country: **Portugal**
Website: **<http://www.hsjoao.min-saude.pt/>**
Nominee category: **Other (Hospital)**
Dates of action: **21 to 25 November 2011**

2. Please select the theme(s) highlighted in the action:

- Too Much Waste
- Better Consumption
- Better Production
- A Life for Products
- Less Waste thrown Away

3. Type of Action

- Action open to general public
- Action open to a target group
- Action based on the production of communication tools
- Other, please specify: **doentes internados**



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4. Please give a detailed and precise description of the action

This action was composed by different initiatives:

1. Holding Workshops on Paediatrics and Psychiatry Services, with therapists help, to reuse material sorted to recycle.
2. Building of a box for composting in the gardens of the Psychiatric service, through reused material, in particular wood and pallets.
3. Presentation of the activities and measures already implemented on a stand, to all professionals, as well as the materials manufactured in the workshops.
4. Promotion of guided visits to the Central Waste of C.H.S.J. to all professionals in order to show the amount of waste produced.

5. Please describe the target audience and how the action motivated its public/target audience, as well as the number of participants

Description of Motivation:

The various activities aroused curiosity and captured the attention of health professionals, employees and patients/clients, given the novelty and the importance that the environmental issue represents for everyone.

It was very interesting the enthusiasm of everyone and the participation. Capture the attention and motivate all professionals so that in their day to day put into practice gestures of reduction and reuse the materials, having more environmentally friendly behaviors, fostering in them new attitudes concerning the waste produced, namely the separation of recyclable waste.

The participation in the European week for waste reduction served to alert and inform everyone involved to the issue of reduction, and it worked, too, as a tool to disseminate all the work already carried out in the institutions for the environment with less waste. Through the visit to Hospital Waste Center proved to all involved that their efforts are not in vain, and the material is properly valued, after their separation at source by employees. This action was excellent. This is proved by the number of visitors in the exhibition, by opinions left on the books available, for the commitment of the services that participated with an excellent creativity and for what resulted the exposed pieces.

Number participants:

~ 1.000 Participants

Description of the Target:

Health-care professionals, employees and clients of the hospital wing of Psychiatry and Pediatrics

6. Please explain why you have decided to nominate this action for a EWWR Award, following the main criteria listed here below

- 1) Visibility and communicational aspects
- 2) Good practice, originality and exemplarity
- 3) Quality of content and focus on waste prevention,
- 4) European reproducibility
- 5) Follow-up in long-term and lasting impact



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Our decision was due to the fact that it is a type of institution that usually has no involvement/mobilization in activities unrelated to the topic of health.

However, we know that waste production and behavior/attitudes taken towards them has direct and indirect implications in global health, and St. John Hospital is also aware of this issue.

The institution receives and treats thousands of people annually, which inevitably produces a huge amount of waste!

Thus, it is urgent that these institutions engage and become aware of the role that each can play in the waste reduction. If nothing is done to decrease the amount of waste, the available space becomes insufficient, the environment is degraded and the quality of life diminishes.

The highest priority is the waste reduction! This only allows you to reduce the amount of waste; increase the sustainability of the planet; save natural resources; save water and energy; increase the quality of life. All this without financial and environmental costs.

With the **participation of all** and a correct **waste management** we can help the planet and so, all of us.

The various actions undertaken were focused on reduction and the correct waste management produced by an institution of this kind. So, they can be replicated to any other institution with a strong policy of materials reuse and with the concern to make the correct forwarding of waste produced, promoting the work of the institution, both internally and externally, involving professionals and other users.

With imagination, innovation and fun you can save many natural and economic resources. So, not additional treatments are needed.

7. Please provide us with photos, videos, weblinks or any other material that would help to better understand the EWWR action.

