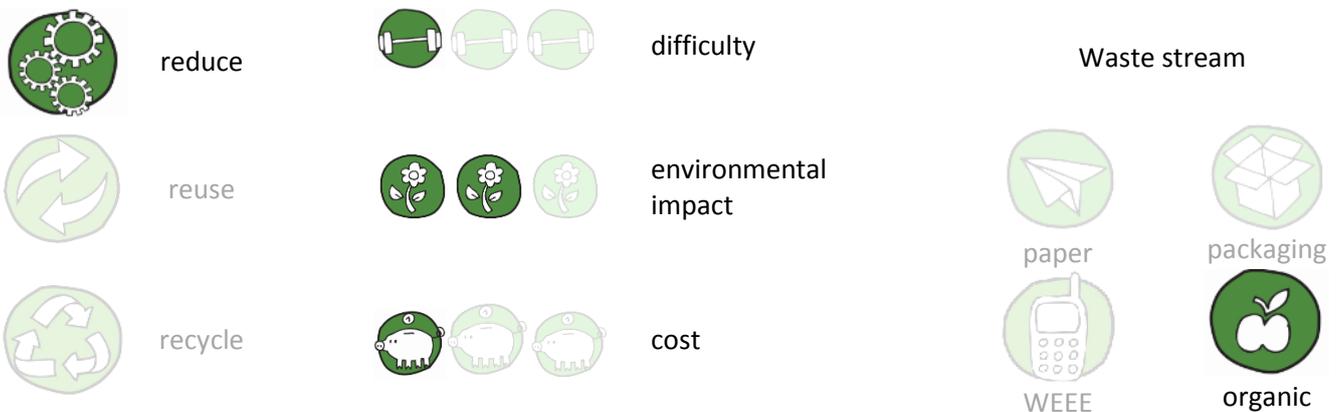


Done with wasted food!

The volume of leftover food in our bins is staggering. Fortunately, there are simple ways of limiting the amount of food thrown away, as well as good habits that can be adopted. The EWWR offers you an opportunity to put in place these new habits to reduce the quantity of food you throw away and encourage others to do likewise. And enjoy friendly social gatherings at the same time!

General information



Objectives

- ▶ To reduce the quantity of leftover food that is thrown away.

What you need

Potluck

- ▶ What is it? A festive meal at which each guest brings a dish made of leftovers, to be shared. You can do this at the office, among friends, at your sports club or with your neighbours, etc.
- ▶ How is it organised? All the guests bring their food leftovers (products that may or may not be cooked but that need to be eaten within a fairly short time), and everyone puts together a meal by taking things from the buffet. Any leftovers are taken away again in their box.
- ▶ What can it be used to assess? The quantity of food waste that will not be thrown away. Everyone will indicate on a panel the quantity of leftover food they brought.

"Bring a box" meal with friends

- ▶ What is it? For a meal organised among friends, everyone is asked to bring a box to take away any leftovers.
- ▶ How is it organised? At the end of the meal, the leftovers are weighed and shared out according to tastes and then taken away in the box each person has brought.
- ▶ What can it be used to assess? The quantity of food waste that will not be thrown away.

Preparing the action: development and production

2 weeks before the EWWR

Potluck

▶ Send an e-mail to your guests: explain the initiative, set a date and say that everyone has to bring leftover food that they have at home, in a box that can be used again at the end of the meal. Send the message to a large group, so as to encourage as many people as possible to follow you.

▶ Prepare a panel on which people will note the quantity of leftovers that they brought.

“Bring a box” meal among friends

▶ Set a date during the EWWR to organise a meal among friends and invite them. Say that everyone should bring a reusable box to take away any leftovers from the meal.

1 week before the EWWR

Potluck

▶ Send a reminder by e-mail with all the practical details (where, when, etc.). Provide scales to weigh the leftover food brought.

“Bring a box” meal among friends

▶ Contact your friends to remind them to bring a box. Provide scales to weigh the leftover food that will be taken away rather than thrown away.

Implementing the action

During the EWWR

Potluck

▶ Invite everyone to weigh and note the quantity of leftover food that they have brought.

▶ Enjoy a good and original meal together.

▶ If any food remains uneaten, those who so wish can take what is left away in the box they used to bring their food.

“Bring a box” meal among friends

▶ At the end of the meal, weigh the leftovers and divide them up as people wish so that nothing is thrown away.

Evaluation methodology

▶ Whatever tool is chosen, weigh the leftovers eaten and/or taken away to be eaten.

▶ Potluck: the weight of the leftovers eaten (and anything that is taken away again at the end of the meal) = the quantity of food waste avoided.

▶ “Bring a box” meal among friends: the weight of leftovers taken away = the quantity of food waste avoided.

More information

▶ Another tool for this action: the community kitchen (sharing a meal cooked together using leftovers and surplus food): <http://itsdinnertimedotorg.files.wordpress.com/2013/08/dinnertime-handbook-2013.pdf>

▶ European Week for Waste Reduction: www.ewwr.eu contact@ewwr.eu